

# Naturik

by Agroindustrias Osho



Specialty Oils  
and Superfoods

## About us

Agroindustrias Osho is a Peruvian company founded in 2007 that is a leading supplier of sustainable natural and organic ingredients from the Peruvian biodiversity ideal for the cosmetic, food, nutritional supplement and pharmaceutical industries.

We market our products with our own trademark Naturik and our product portfolio is divided in two business lines: Naturik Specialty Oils and Naturik Super Foods.

## Naturik Specialty Oils

Line of cold pressed oils and butters from seeds and fruits from the Peruvian biodiversity that present excellent properties for the food & nutrition, personal care and pharmaceutical industries.

## Naturik Superfoods

Line of natural and organic ingredients with high nutritional value and clean label that includes: Plant-Based Proteins, Dried Roots and Fruits, Andean Grains Instant Powders, Cereals and Snacks, Superfood Crisps, Cacao Derivatives, Textured Vegetable Proteins and Natural & Unrefined Sweeteners.

## Quality Certifications

Our processing plant is BRC, HACCP, GMP, Kosher, Halal, Organic (USDA-NOP, EU and JAS), and Ethical Biotrade certified.



## Core Competencies

Our core competencies rely in our technology strengths in the areas of cold pressing, low temperature processing, twin screw extrusion and quality control ensuring the highest performance and efficacy of our natural products by protecting and maximizing their active ingredients and nutrient potential.

Genuine cold pressing process at low temperatures with hydraulic presses and Komet cold pressing system.



Low temperature processing to protect and maximize the nutrient potential of our natural products.





Flexible twin screw extrusion technology to produce superfood instant powders and superfood ready to eat cereals and snacks.



Quality control from start to finish with physicochemical, microbiological and stability control laboratories and metal detecting capabilities.



## Sustainable Business Practices

Agroindustrias Osho is a member of the Union for Ethical Bio-trade, a non-profit association that promotes “Sourcing with Respect” of ingredients that come from biodiversity ([www.ethicalbiotrade.org](http://www.ethicalbiotrade.org)).



Our company is committed to socially and environmentally responsible business practices. We source or premium raw materials from our own crops and through direct partnerships with farming communities where the raw materials are obtained by sustainable wild harvesting and cultivation.

## Third-Party Manufacturing Services

We offer customers to produce under their own brand and packaging any of the natural ingredients and products already developed by us or to create a new product formula based on their needs and specifications.





## NATURIK SPECIALTY OILS

Line of cold pressed oils and butters from seeds and fruits from the Peruvian biodiversity that present excellent properties for the food & nutrition, personal care and pharmaceutical industries.

Our oils and butters are pure cold pressed, this is mechanical extracted without the use of chemicals or solvents at low temperatures preserving their essential fatty acids, liposoluble vitamins and unsaponifiable components including tocopherols and phytosterols.

### Sacha Inchi Seed Oil

**INCI name:** Plukenetia Volubilis seed oil

**Description:** Cold pressed oil obtained from the seeds of the Sacha Inchi plant from the Peruvian Amazon jungle.

**Contains:** One of the highest content of polyunsaturated fatty acids (PUFA): alpha-linolenic acid (omega 3) up to 48% and linoleic acid (omega 6) up to 36%. Also contains oleic acid (omega 9) up to 9% and a high concentration of tocopherols specifically gamma and delta tocopherols with 1,900 mg/Kg. It has an ideal balance between Omega 3 and Omega 6 (1.4 to 1).

**Cosmetic Uses:** Anti-aging formulations, creams, lotions and emulsions for the skin, liquid soaps, and products for dried and damaged hair.

**Benefits for Consumer:** Antioxidant, emollient and skin and hair smoothing properties. Aids in the prevention of wrinkles and restores elasticity. PUFA and Tocopherols contents protect the cell membrane.

**Food Uses:** Due to its slightly nutty flavor it is ideal to be consumed directly or with salads and cooked vegetables. Also it can be used as an ingredient for different blends and dressings.

**Benefits for Consumer:** Helps support healthy blood pressure and cholesterol levels within a normal range. Contributes to enhance immunological system. Excellent antioxidant. Has anti-inflammatory properties.

**Presentations:** Plastic drums (HDPE) 5 and 20 liters, steel drums 208 liters and glass bottles with 250 ml each.



### Sacha Inchi Huayllabambana Oil

**Scientific name:** Plukenetia Huayllabambana seed oil

**Description:** This oil is obtained from the seeds of the Plukenetia Huayllabambana plant that only grows in the province of Amazonas in Peru.

**Contains:** One of the most important sources of Omega 3 among all vegetable oils with up to 58% of alpha-linolenic acid (omega 3). Also contains linoleic acid (omega 6) and oleic acid (omega 9).

It has an ideal balance between omega 3 and omega 6 (2.3 to 1). It also has a high concentration of tocopherols (vitamin E) specifically gamma and delta tocopherols.

**Uses:** Multipurpose oil ideal for the cosmetic, food, nutritional supplement and pharmaceutical industries.

**Benefits for Consumer:** Helps support healthy blood pressure and cholesterol levels within a normal range. Antioxidant, emollient and skin and hair smoothing properties.



### Aguaje (Buriti) Fruit Oil

**INCI name:** Mauritia Flexuosa Fruit Oil

**Description:** Cold pressed oil obtained from the pulp of Aguaje (Buriti) fruit from the Moriche palm in the Amazon.

**Contains:** Rich in monounsaturated fatty acid (oleic acid). It also contains palmitic and linoleic acids. The fruit is considered the richest natural source of beta carotene (30 mg/100 g of pulp) and its oil has a higher concentration (118 mg/100 g of pulp), exceeding 17 times what is found in carrots (6.6 mg/100 g of pulp).

**Cosmetic Uses:** Anti-aging formulations, sunscreens, products for dried and damaged hair, liquid soaps or shower gel, creams, lotions and emulsions for the skin.

**Benefits for Consumer:** Beta carotene is one of the most powerful antioxidants known for their cell renewal, for protecting the skin against the damaging effects of sunlight and for neutralizing free radicals in the skin.





## Chia Seed Oil

**INCI name:** Salvia Hispanica (Chia) oil

**Description:** Cold pressed oil obtained from the seeds of the Salvia Hispanica plant.

**Contains:** One of the highest contents of alfa-linolenic acid (omega 3) up to 61% among all vegetable oils. It has an ideal balance between Omega 3 and Omega 6 (3 to 1).

**Uses:** Multipurpose oil ideal for the cosmetics, food, nutritional supplement and pharmaceutical industries.

**Benefits for Consumer:** Helps support healthy blood pressure and cholesterol levels within a normal range. Antioxidant, emollient and skin and hair smoothing properties.



## Passion Fruit Seed Oil

**INCI name:** Passiflora edulis seed oil

**Description:** Cold pressed oil obtained from the seeds of the Passion fruit.

**Contains:** The oil is high in linoleic and oleic acids, with a hint of a fruity fragrance.

**Cosmetic Uses:** Body lotions and creams, body oils, hair conditioners, hand creams, and facial care.

**Benefits for Consumer:** Moisturizing and emollient increasing softness of the skin and hair. This medium weight oil is quickly absorbed and leaves a non-greasy, conditioned feel.



## NATURIK SUPERFOODS

Line of natural and organic ingredients with high nutritional value and clean label that includes: Plant-Based Proteins, Dried Roots and Fruits, Andean Grains Instant Powders, Cereals and Snacks, Superfood Crisps, Cacao Derivatives, Textured Vegetable Proteins and Natural & Unrefined Sweeteners.



## Amaranth Crisp

*Amaranthus caudatus L.*

**Description:** Unique crunchy crisp produced 100% with nutrient-dense amaranth. Cooked with advanced extrusion technology and baked for extra crunchiness.

**Contains:** Main nutrients are protein, iron, manganese, magnesium and phosphorus.

**Uses:** As a functional ingredient: Ideal for use in 'better for you' savory and sweet applications such as: Breakfast bars, snack bars, protein bars, energy bars, granolas, cereals, clusters, croutons, snacks, confectionery, crunchy toppings & inclusions.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Amaranth Instant Powder

*Amaranthus caudatus L.*

**Description:** Ready to use powder obtained from amaranth grown and sustainably harvested in the Andean highlands of Peru. Amaranth grains are gently heat extruded to obtain a water-soluble and ready to eat powder with improved taste, solubility, digestibility and microbiological safety than amaranth flour.

**Contains:** More than 13% complete plant-based protein with all essential amino acids in an ideal balance. It is high in lysine an amino acid that is low in other grains. Natural source of dietary fiber, calcium, magnesium, phosphorus and potassium.

**Uses:** Instant powder combine with juices, smoothies, water, yogurts & granolas.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Amaranth Puff

*Amaranthus caudatus L.*

**Description:** Puff made 100% from amaranth grown and sustainably harvested in the Andean highlands of Peru. Amaranth is cooked in an extruder to form a direct expanded puffed cereal.



**Sizes:** Small, medium and large balls.

**Contains:** More than 13% complete plant-based protein with all essential amino acids in an ideal balance. It is high in lysine an amino acid that is low in other grains. Natural source of dietary fiber, calcium, magnesium, phosphorus and potassium.

**Uses:** As a functional ingredient: In energy bars, muesli, snacks, croutons, mixtures with dried fruits and coated in chocolate, syrups and other sweet and savory flavors. As direct consumption: As a snack straight from the bag, mix it with milk, sprinkle over salads and yogurts, add to trail mix and granola.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.

## Cacao Raw Nib

*Theobroma cacao*

**Description:** Obtained from Cacao grown and sustainably harvested in the Amazon rainforest of Peru. Process at low heat treatment to preserve the delicate nutrients and flavor of raw cacao.

**Contains:** Higher content of antioxidants such as polyphenols and flavanols which may contribute to heart health. High in magnesium and dietary fiber which may contribute to overall good digestive health.

**Uses:** Eat straight from the bag, blend into smoothies and shakes, sprinkle over yogurt, cereals or salads and add to desserts and baked goods.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Camu Camu Whole Fruit Powder

*Myrciaria Dubia*

**Description:** Ready to use powder obtained from Camu Camu berries grown and sustainably harvested in the Amazon rainforest of Peru.

**Contains:** Highest source of natural vitamin C on Earth. Contains powerful antioxidants. Helps to boost the immune system.

**Uses:** Tart berry flavor. Add to smoothies, shakes and juices.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Chia Protein Crisp

*Salvia Hispanica L.*

**Description:** Unique protein & crunchy crisp produced from chia protein and enriched with nutrient-dense quinoa. Our chia protein crisp is cooked with advanced extrusion technology and baked for extra crunchiness.

**Contains:** Main nutrients are protein, omega-3, dietary fiber, iron, calcium and magnesium.

**Uses:** As a functional ingredient: Ideal for use in 'better for you' savory and sweet applications such as: Breakfast bars, snack bars, protein bars, energy bars, granolas, cereals, clusters, croutons, snacks, confectionery, crunchy toppings & inclusions.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Chia Protein Instant Powder

*Salvia Hispanica L.*

**Description:** Chia seeds are cold pressed to extract part of the oil and the seed cake obtained is precooked via extrusion to improve digestibility and enhance nutritional value.

**Contains:** 30% plant-based protein easily digestible will all essential amino acids in ideal balance. High in dietary fiber and omega 3. Significant source of Calcium.

**Uses:** In sport nutrition formulations where lower viscosity (less gelling) is desired. The protein + fiber + omega-3 + calcium makes it an ideal ingredient for sport nutrition formulas and protein bars. Neutral taste that can be added to juices, smoothies, yogurts and soups, sprinkled over cereals and fruits and used in desserts and baked goods.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Chia Protein Powder

*Salvia Hispanica L.*

**Description:** Chia seeds are cold pressed and the partially defatted cake is ground into a fine powder.

**Contains:** 30% plant-based protein easily digestible will all essential amino acids in ideal





balance. High in dietary fiber and omega 3. Significant source of Calcium.

**Uses:** As a baking ingredient: Substitute wheat flour 1 for 1. As a functional ingredient: Gluten-free, mild nutty flavor, low carb, high fiber, high protein and good source of Omega-3. In sports nutrition shakes, can build viscosity, replacing hydrocolloids like gum arabic, offering your product a 'cleaner label'.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.

## Lucuma Powder

*Pouteria lucuma*

**Description:** Ready to use powder obtained from the Lucuma fruit grown and sustainably harvested in the Andean highlands of Peru.

**Contains:** Good source of niacin (vitamin B3), dietary fiber and potassium.

**Uses:** Natural low glycemic sweetener. Caramel flavor. Add to smoothies, shakes, juices and in the preparation of desserts and ice creams.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Maca Crisp

*Lepidium meyenii, Walp*

**Description:** Unique energy & crunchy crisp produced from maca roots and enriched with nutrient-dense organic quinoa sustainably grown in the Andean highlands of Peru. Our maca crisp is cooked with advanced extrusion technology and baked for extra crunchiness.

**Maca Color Options:** Yellow, Red, Black and Tricolor Blend.

**Contains:** Main nutrients are protein, dietary fiber, magnesium, calcium, iron and phosphorous.

**Uses:** As a functional ingredient: Ideal for use in 'better for you' savory and sweet applications such as: Breakfast bars, snack bars, protein bars, energy bars, granolas, cereals, clusters, croutons, snacks, confectionery, crunchy toppings & inclusions.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Maca Chip

*Lepidium meyenii, Walp*

**Description:** Root vegetable from the Peruvian Andes. Maca roots are chopped and dehydrated at low temperatures. Maca Color Options: Yellow, Red, Black and Tricolor Blend.

**Contains:** Herbal adaptogen supporting the entire endocrine system combating stress and adrenal fatigue. Promotes energy and vitality. Increases stamina and immune system function. Main nutrients: Protein, dietary fiber, magnesium, calcium, iron and phosphorous.

**Uses:** Sweet nutty flavor. Can be added into teas or sprinkled over cereal, porridge, muesli, yoghurt or salads.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Maca Gelatinized Powder

*Lepidium meyenii, Walp*

**Description:** Ready to use powder obtained from maca cultivated between 3,800 to 4,200 meters above sea level in the Andean highlands of Peru. Our maca is gelatinized through a controlled heated extrusion process that breaks down the starch concentrating more its nutrients and allowing for easier digestion.

**Maca Color Options:** Yellow, Red, Black and Tricolor Blend.

**Contains:** Herbal adaptogen supporting the entire endocrine system combating stress and adrenal fatigue. It increases stamina and immune system function and boosts libido. Main nutrients: Protein, dietary fiber, magnesium, calcium, iron and phosphorous.

**Uses:** It can be mixed easily into juices, smoothies, shakes, yogurt and cereal and can be added to pancakes, desserts and baked goods. Ideal for capsules, energy drinks and energy bars.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Maca Powder

*Lepidium meyenii, Walp*

**Description:** Ready to use powder obtained from maca cultivated between 3,800 to 4,200 meters above sea level in the Andean highlands of Peru.

**Maca Color Options:** Yellow, Red, Black and Tricolor Blend.

**Contains:** Herbal adaptogen supporting the entire endocrine system combating stress and adrenal fatigue. It increases stamina and immune system function and boosts libido. Main nutrients: Protein, dietary fiber, magnesium, calcium, iron and phosphorous.

**Uses:** Sweet nutty flavor. Add to smoothies, shakes and juices.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Mesquite (Algarroba) Raw Powder

*Prosopis pallida*

**Description:** Pods are sustainable harvested from the Mesquite tree in the north coast of Peru. Selected pods are washed, disinfected, dried at low temperature and milled into a fine powder.

**Contains:** Rich in vitamins and minerals.

**Uses:** Lightly sweet flavor and low-glycemic index add to smoothies, desserts, energy bars, baked goods or gluten-free recipes.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Quinoa Crisp

*Chenopodium Quinoa Willd*

**Description:** Unique crunchy crisp produced 100% with nutrient-dense quinoa. Cooked with advanced extrusion technology and baked for extra crunchiness.

**Quinoa Color Options:** White, Red and Black.

**Contains:** Main nutrients are protein, dietary fiber, B-group vitamins, calcium, iron, magnesium and phosphorous.

**Uses:** As a functional ingredient: Ideal for use in 'better



for you' savory and sweet applications such as: Breakfast bars, snack bars, protein bars, energy bars, granolas, cereals, clusters, croutons, snacks, confectionery, crunchy toppings & inclusions.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.

## Quinoa Extruded Flake

*Chenopodium Quinoa Willd*

**Description:** Flake made 100% from quinoa grown and sustainably harvested in the Andean highlands of Peru. Quinoa is cooked in an extruder to produce an instant flake.

**Quinoa Color Options:** White, Red and Black.

**Contains:** Complete protein with all essential amino acids in an ideal balance. It is high in lysine an amino acid that is low in other grains. Good source of dietary, fiber, B-group vitamins and calcium, iron, magnesium and phosphorous.

**Uses:** As a functional ingredient: In energy bars, muesli, snacks, croutons, mixtures with dried fruits and coated in chocolate, syrups and other sweet and savory flavors. As direct consumption: As a snack straight from the bag, mix it with milk, sprinkle over salads and yogurts, add to trail mix and granola.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Quinoa Instant Powder

*Chenopodium Quinoa Willd*

**Description:** Ready to use powder obtained from quinoa grown and sustainably harvested in the Andean highlands of Peru. Quinoa grains are gently heat extruded to obtain a water-soluble and ready to eat powder with improved taste, solubility, digestibility and microbiological safety than quinoa flour.

**Quinoa Color Options:** White, Red and Black.

**Contains:** Complete protein with all essential amino acids in an ideal balance. It is high in lysine an amino acid that is low in other grains. Good source of dietary, fiber, B-group vitamins and calcium, iron, magnesium and phosphorous.

**Uses:** Instant powder to be used with juices, smoothies, water, yogurts & granolas.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.





## Quinoa Protein Crisp

*Chenopodium Quinoa Willd*

**Description:** Unique protein & crunchy crisp produced from nutrient-dense quinoa and enriched with sacha inchi protein. Cooked with advanced extrusion technology and baked for extra crunchiness.

**Contains:** Main nutrients are protein, branched-chain amino acids (BCAAs), omega-3 and calcium.

**Uses:** As a functional ingredient: Ideal for use in 'better for you' savory and sweet applications such as: Breakfast bars, snack bars, protein bars, energy bars, granolas, cereals, clusters, croutons, snacks, confectionery, crunchy toppings & inclusions.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Sacha Inchi Protein Crisp

*Plukenetia Volubilis L.*

**Description:** Unique protein & crunchy crisp produced from sacha inchi protein and enriched with nutrient-dense quinoa. Cooked with advanced extrusion technology and baked for extra crunchiness.

**Contains:** Main nutrients are protein, branched-chain amino acids (BCAAs), omega-3 and calcium.

**Uses:** As a functional ingredient: Ideal for use in 'better for you' savory and sweet applications such as: Breakfast bars, snack bars, protein bars, energy bars, granolas, cereals, clusters, croutons, snacks, confectionery, crunchy toppings & inclusions.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Quinoa Puff

*Chenopodium Quinoa Willd*

**Description:** Puff made 100% from quinoa grown and sustainably harvested in the Andean highlands of Peru. Quinoa is cooked in an extruder to form a direct expanded puffed cereal.

**Shapes & Sizes:** Small, medium and large balls. Sticks.

**Quinoa Color Options:** White, Red and Black.

**Contains:** Complete protein with all essential amino acids in an ideal balance. It is high in lysine an amino acid that is low in other grains. Good source of dietary, fiber, B-group vitamins and calcium, iron, magnesium and phosphorus.

**Uses:** As a functional ingredient: In energy bars, muesli, snacks, croutons, mixtures with dried fruits and coated in chocolate, syrups and other sweet and savory flavors. As direct consumption: As a snack straight from the bag, mix it with milk, sprinkle over salads and yogurts, add to trail mix and granola.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Sacha Inchi Protein Powder

*Plukenetia Volubilis L.*

**Description:** Sacha inchi seeds are cold pressed to extract part of the oil and the seed cake obtained is precooked via extrusion to improve digestibility and enhance nutritional value.

**Contains:** High source of complete protein with more than 60%, easily digestible and with all nine essential amino acid in ideal balance. Good source omega 3, dietary fiber and antioxidants.

**Uses:** Can be used in a wide range of functional food applications where high protein, high fiber, low carb, and a healthy amount of Omega-3s are desired. Neutral taste that can be added to juices, smoothies, yogurts and soups, sprinkled over cereals and fruits and used in desserts and baked goods.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Sacha Inchi Roasted & Unsalted Seed

*Plukenetia Volubilis L.*

**Description:** Obtained from the seeds of Sacha Inchi grown and sustainably harvested in the Amazon rainforest of Peru. Unshelled seeds are gently dry roasted to obtain a delicious nutty crunchy snack.

**Contains:** Nutrient dense seeds (Not nuts). High source of plant-based protein with 30%, easily digestible and with all nine essential amino acids in ideal balance. Rich source of Omega-3 with more than 20%. Rich source of antioxidants (tocopherols). No net carbs per serving.

**Uses:** Eat straight from the bag, sprinkle over salads, cereals and yogurts and add to trail mix and granola.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Textured Sacha Inchi Protein

*Plukenetia Volubilis L.*

**Description:** Vegetarian meat alternative obtained from the seeds of sacha inchi grown and sustainably harvested in the Amazon rainforest of Peru. Produced with advanced extrusion technology. When hydrated, textured sacha inchi protein delivers a fibrous meat-like texture with outstanding moisture retention and excellent mouthfeel, making it perfect for meat and meat alternative applications.

**Contains:** High source of plant-based protein with more than 60%, easily digestible and with all nine essential amino acids in ideal balance. Good source of omega-3 (4%), dietary fiber (15%) and calcium.

**Uses:** As a functional ingredient: In meat and meat alternative applications such as hamburgers, nuggets, seafood, sausages, hot dogs and ground meat. As direct consumption: Can be used in place of ground chicken, ground beef, ground pork in recipes like spaghetti, tacos, chili, sauces, casseroles and more!

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced.



## Whole Cane Sugar (Panela Granulated & Cube)

*Saccharum officinarum L.*

**Description:** 100% dried sugar cane juice. Sugar canes are carefully washed, gently squeezed and the juice obtained is dehydrated and crystallized only through evaporation.

**Contains:** Sugars (sucrose, glucose and fructose), vitamins (A, some of the B complex, C, D and E), and minerals (potassium, calcium, phosphorus, magnesium, iron, copper, zinc and manganese).

**Uses:** Rich brown sweetener with a caramel flavor ideal with smoothies, coffee, tea, chocolate, desserts.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced. It prevents nutritious anemia (due to iron deficiency) and rickets (due to vitamin C deficiency). It also provides energy without the "sugar rush" and blood sugar spikes that are the result of refined sugars.



## Yacon Powder & Slice

*Smallanthus sonchifolius*

**Description:** Tuber from the Peruvian Andes. Yacon roots are sliced, dehydrated at low temperature, then kept as slices or milled into a fine powder.

**Contains:** Fructooligosaccharides (FOS), a unique type of sugar (inulin) that can't be absorbed by the body. FOS acts as a prebiotic, serving as food for the "friendly" bacteria in the colon.

**Uses:** As powder as an alternative sweetener in smoothies, desserts, teas and mixed with other flours for muffins and cookies. As slices as a snack and into salads.

**Features:** Organic & Conventional, Kosher, Halal, Non-GMO, Vegan, Gluten Free, Allergen Free & Ethically Sourced. Low glycemic, low calorie and as a prebiotic is good for digestion, stimulates positive colon health, and helps with the absorption of calcium and vitamins.





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